



From Head's Desk

November 2021



Dear Staff,

The festive season is continuing well into November too. Not just the Diwali celebrations, but at School we have the much awaited Annual Cultural Fest "Thiran" lined up to celebrate it along with the Children's Day. Though we had initially planned to have this in the physical spaces, in the best interest of the safety we have moved it to the online format this year too.

Celebrations bring joy and cheer and one wishes the other with the word "Happy". That word got me thinking about what happiness means and how does one measure it? How do we teach our children the meaning and nature of happiness? In my recent 'reflection

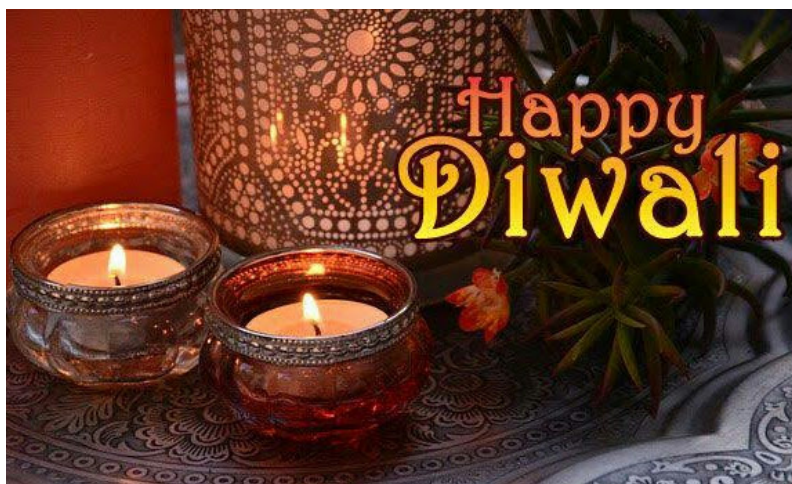
and reading stint', I heard this formula by which happiness can be derived:

Happiness = Passion + Engagement + Meaning.

On behalf of the entire AAIS fraternity I wish you and your near and dear a very prosperous and blessed Diwali. May your *passions* find new dimensions, as you *engage* deeper in your pursuits, making *meaningful* connections.

Happy Diwali. Happiness always.

Warm regards,
Priya Dixit



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