

From Head's Desk

July 2021



"I'm late, For a very important date! No time to say 'hello, goodbye."

Sounds familiar? If you thought you have heard or said this often, then park that thought for a bit. These are the famous lines of the rabbit in Lewis Carrol's *Alice in Wonderland*. The white rabbit symbolises love and tenderness and at the same time, curiosity. And if you remember the novel, you will recall that the rabbit was in a hurry, most times.

I sometimes feel like the rabbit from that very book and I often talk to a colleague of mine about how I feel, going from one meeting to another. It generally is a long day that extends well beyond the working hours and into the weekends too. Then, my colleague continued the conversation, and asked me, "Yes, I agree, but how do you still manage to make time for the social causes you are involved in? How do you manage to make time to dance? How do you plan and execute some unique projects at School?" That made me wonder...

While we all know that there must be life outside of work and beyond; the truth is we remain engaged with work and do not pursue any hobbies, especially as an adult. The most common reason I heard is 'lack of time'. I spoke to a few of my colleagues and friends from different walks of life, across the globe and what I found was that, many times, it was not the 'lack of time', but it was the intent to do something.

My octogenarian friend pursued his passion for restoring old cars while heading a large Corporation and a young friend is into making and supplying all natural home-cleaning and personal-care products, over and above her full-time job. So the question is, how does one make time?

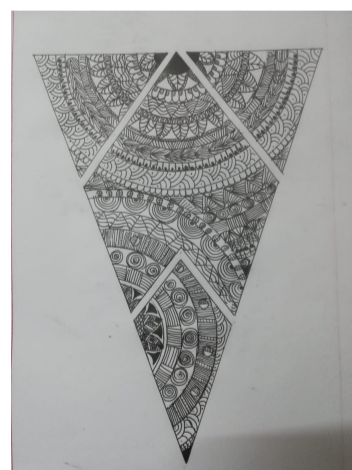
My answer is an easy three-step formula,

- Get a hobby or passion that is different to your normal job
- Have the intent to pursue it
- Nurture the hobby or talent

Believe me, the universe will make it happen.

And for those of us who are wondering where to find time, here is a [time calculator](#) by Eric Rood that shows you some interesting statistics.

Curious?, like the rabbit?? Try it out. My result showed that I still have 22% free time every week which is about close to 37.5 hours*.



Pics: From my friends' newly acquired hobbies and passions shared with me on WhatsApp...

*PS:*If you want to have a coffee conversation with me about your passion or talent or finding time, I definitely have the time...*

Parents, if you want to help your ward(s) find their time availability (for studies?!?), here is another time calculator specially [for students](#).

Warm Regards,
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